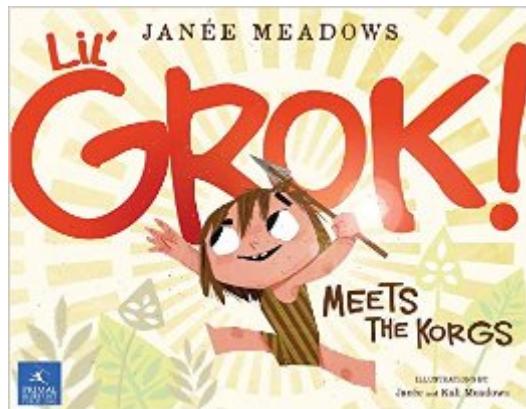


The book was found

Lil' Grok Meets The Korgs



Synopsis

Lil' Grok Meets The Korgs is an epic tale of adventure based on Mark Sisson's best-seller, The Primal Blueprint. Lil' Grok is a cave boy digging life in the stone age until a saber-toothed tiger gives chase. Grok descends into a magical cave, and is propelled thousands of years into the future! Luckily, he's scooped up by an archeologist named Mr. Korg who's digging for artifacts in the middle of a bustling city park. He takes Lil' Grok home to meet the ultra-modern, hashtagging, pizza-loving, dessert-scarfing Korg family. Unfortunately, Lil' Grok doesn't seem to fit in at the Korgs, or anywhere else in modern life. He squats to eat with his hands right on the table! He doesn't wear shoes he crawls like a bear jumps like a cat and starts food fights at school! And what kind of kid is allergic to pizza?! But when a tiger escapes from the zoo, it's Lil' Grok who's the hero, and the Korgs have to adapt or get dropped. Grok shows the Korgs, and the entire town, that being a nimble, jungle-wise cave boy has its perks. Kick off your shoes, relax into a squat, and introduce your favorite young reader into the world of Lil' Grok and the Korgs. This hilarious journey might just end primally ever after-and deliver some important life lessons along the way. A perfect gift for hunters and gatherers of all ages, Lil' Grok Meets The Korgs shows us how to trek through the modern world in our ancestor's footsteps so that we can lead happier, healthier, lives. Designed for hunter-gatherers ages 4-8.

Book Information

Paperback: 44 pages

Publisher: Primal Nutrition, Inc. (February 2, 2015)

Language: English

ISBN-10: 1939563151

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Product Dimensions: 6.1 x 0.1 x 8.9 inches

Shipping Weight: 0.8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars (See all reviews) (3 customer reviews)

Best Sellers Rank: #1,263,844 in Books (See Top 100 in Books) #98 in Books > Children's Books > Literature & Fiction > Historical Fiction > Prehistory #23303 in Books > Children's Books > Action & Adventure

Grade Level: Preschool - Kindergarten

Customer Reviews

This book has a great story for paleo and non-paleo types alike. Doesn't get preachy about lifestyle, just shows a cool kid being a hero. My 6-year old daughter and I love reading it together!

I absolutely ADORE this book! The story is so cute and the illustrations by Janee and Kali are out of this world. I can't wait to share this book with my future children one day!

My son and I like the message, my husband is over the caveman / paleo message. But a cute story to think of being healthy without being too preachy

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